

MACQUARIE UNIVERSITY SPORT AND AQUATIC CENTRE

PERSONAL TRAINING AND EXERCISE PHYSIOLOGY

TERMS AND CONDITIONS



Personal Training

1. Scope

- (a) These Personal Training terms and conditions, together with the [Conditions of Entry](#) apply to all 'Personal Training' sessions offered at the Macquarie University Sports and Aquatic Centre (Centre).
- (b) Unless the context requires otherwise, defined terms will have the meaning given to them in the Conditions of Entry.

2. Eligibility

- (a) Participants in a personal training session must be at least 16 years of age, unless approved by the Centre.
- (b) If we approve a request from an individual under the age of 16 to participate in a personal training session, the Guardian must:
 - i. supervise the individual under the age of 16 at all times during the session.

3. Payment and cancellation

- (a) All personal training passes must be paid for in full, in advance of the first session.
- (b) Subject to an individual's rights under Australian Consumer Laws, personal training passes are generally non-refundable and non-transferable.
- (c) A minimum of 24 hours' notice must be given to reschedule or cancel a session. This request must be made in writing to healthclub@mq.edu.au.
- (d) Except in exceptional circumstances such as a medical emergency which is supported by documentary evidence, non-attendance of a session which has not been cancelled or rescheduled in accordance with clause 3(c), will result in forfeiture of that session. No credit or refund will be available for failure to attend a session in these circumstances.

4. Replacement personal trainers

- (a) If a personal trainer ceases to provide training services at the Centre, we will make reasonable efforts to find the Individual a suitable alternative personal trainer.
- (b) If an Individual, acting reasonably, does not wish to continue their training with the replacement trainer, the Individual may cancel their remaining sessions and obtain a pro-rata refund for those sessions not used, by providing written notice to healthclub@mq.edu.au within 30 days after the Individual has been notified of the details of their replacement trainer.

5. Expiry of personal training passes

- (a) Except as otherwise agreed with us, and subject to any rights an Individual has under Australian Consumer Laws, personal training passes have an expiry date from the date of purchase as follows:
 - i. 1x Session = 1 month from the date of purchase
 - ii. 5x Sessions = 6 months from the date of purchase
 - iii. 10x Sessions = 12 months from the date of purchase
- (b) The expiry date for personal training passes may only be extended in exceptional circumstances and must be by written agreement with us, by first requesting an extension by writing to healthclub@mq.edu.au and receiving written notice by return email.

6. End of session Obligations

Individuals are required to complete a 'Session Sign-Off Form' to confirm their attendance at each personal training session.

7. Consequences of non-compliance with these Personal Training Terms and Conditions

We may refuse entry to the Centre and cancel any remaining personal training passes.

Exercise Physiology Terms and Conditions

1. Scope

- (a) These Exercise Physiology Terms and Conditions, together with the [Conditions of Entry](#) apply to all exercise physiology sessions offered at, or provided by a Macquarie University Sports and Aquatic Centre (**Centre**) accredited exercise physiologist.
- (b) Unless the context requires otherwise, defined terms will have the meaning given to them in the Conditions of Entry.

2. Eligibility

- (a) Participants must be at least 16 years of age to obtain an exercise physiology service at the Centre.
- (b) If we approve a request from an individual under the age of 16 to participate in a personal training session, the Guardian must:
 - i. supervise the individual under the age of 16 at all times during the session.

3. Payment and cancellation

- (a) All exercise physiology sessions must be paid in full immediately following the conclusion of the session. Clients in arrears will not be entitled to book further sessions until their account has been paid.
- (b) Subject to an individual's rights under Australian Consumer Laws, exercise physiology sessions are generally non-refundable and non-transferable.
- (c) A minimum of 24 hours' notice must be given to reschedule or cancel a session. This request must be made in writing to sport.ep@mq.edu.au
- (d) Non-attendance of a session that has not been cancelled or rescheduled in accordance with clause 3(c), will result in forfeiture of that session.
- (e) Payment via invoice is subject to management approval and must be agreed in advance of sessions. All clients wishing to organise payment via invoice must undergo a credit check prior to any services being rendered to the client. No services will be delivered until the credit check process has been completed.

4. Pre-registration requirements

Exercise physiology clients are required to complete the 'Exercise Physiology Program Client Registration Form' in advance of any services being delivered.

5. Consequences of non-compliance with these terms

We may refuse entry to the Centre and/or cancel any exercise physiology sessions if the client fails to comply with the Conditions of Entry.