

SOCIAL COMPETITION RULES - NETBALL

[Netball NSW Rulebook](#)

“These rules are based on the Netball Australia Rulebook, with modifications specific to this mixed competition.”

Players & Eligibility

- Team size: Maximum (12) players
- Min (5) on court to avoid forfeit
- Max (3) males on court
- All players must be registered and sign the team sheet before each game
- Players must have played a minimum of 4 games to qualify for finals
- Bibs provided to identify teams
- Male players may play any position, but:
 - a) No two males in shooting positions (GS & GA) at the same time
 - b) No two males in defensive circle positions (GK & GD) at the same time

Game Format

- 4 x 8-minute quarters
- 1-minute break after Q1, Q2 & Q3
- Games follow World Netball rules, with these amendments

Uniform & Safety

- No jewellery or watches (facial piercings must be taped; nails must be cut)

Fill-In / Borrowed Players

- Teams may use fill-in players if required to avoid a forfeit.
A team must have at least 50% of their originally registered team present to take the court/field.
- Borrowed players must play WA or WD

Substitutions

- Unlimited substitutions permitted, but only for registered players.

Blood Rule

- Players with visible blood must leave the court until cleared by umpire.

Competition-Specific Modifications

- 1 male ONLY is allowed per third. 2 males are not allowed inside the circle ie GS & GA or GK & GD

Forfeits

- Forfeits: Game forfeited if not started within 10 minutes of scheduled time. Forfeiting team: -3 points, 0 score difference. Opposition: +3 points, +20 score difference. No refunds for forfeited games



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Competition Points

- Win = 3 points Draw = 1 point Loss = 0 points Forfeit = -3 points Bye = 0 points

Finals Format

- Top 4 teams in each division play: 1 v 4, 2 v 3; all other games are friendly

