

# SOCIAL COMPETITION RULES - BASKETBALL

## FIBA Official Rules

“These rules are based on the FIBA Official Basketball Rules, with modifications specific to this mixed competition.

### Players & Eligibility

- Team size: Maximum (10) players
- On-court: Maximum (5), minimum (4) to avoid forfeit
- Gender rule: Maximum (3) males on the court at all times; non-binary athletes may self-identify
- All players must be registered and sign the team sheet before each game
- Players must have played a minimum of (4) games to qualify for finals

### Game Format

- Two 17-minute halves, with a 2-minute halftime break
- One 1-minute timeout per team per half

### Uniform & Safety

- No jewellery or watches (facial piercings must be taped; nails must be cut)

### Fill-In / Borrowed Players

- Teams may use fill-in players if required to avoid a forfeit. A team must have at least 50% of their originally registered team present to take the court/field.

### Substitutions

- Allowed during stoppages or for injury
- Unlimited substitutions permitted, but only for registered players

### Blood Rule

- **Players with visible blood must leave the court until cleared by umpire.**

### Competition-Specific Rules

- Male players may not block the shot of a non-male player. Legal guarding only; violation = 2 free throws to the offensive player

### Forfeits

- Forfeits: Game forfeited if not started within 10 minutes of scheduled time. Forfeiting team: -3 points, 0 score difference. Opposition: +3 points, +20 score difference. No refunds for forfeited games

### Competition Points

- Win = 3 points Draw = 1 point Loss = 0 points Forfeit = -3 points Bye = 0 points

### Finals Format

- Top 4 teams in each division play: 1 v 4, 2 v 3; all other games are friendly

